



May
Middle School
Pine Hill
School District

Click here to view your lunch account: www.myschoolbucks.com

GF = Gluten-Free Ingredients **V** = Vegetarian Ingredients

We Use
Whole Grain
Products!



Let's Go
Panthers!

Veggie Grab Bag:
Daily Raw Veggie
Choices

Carrots, Cucumbers,
Toasty Bean Bites,
Broccoli, Mixed
Patch

Choose 1 Entrée.
You May Take 2 Fruit & 2 Veggie Choices!



Fresh/Cupped/Juice

PICK 2 FRUITS

Cooked/Raw Veggie Patch

PICK 2 VEGGIES

THINK BALANCE!

A Balanced Tray ... **Grain** ~ **Protein** ~ **Fruit** ~ **Vegetable** ~ **Milk**

Monday-May 1	Tuesday-May 2	Wednesday-May 3	Thursday-May 4	Friday-May 5
Chicken Fajitas w/Peppers & Onions <u>Sides:</u> Steamed Carrots Veggie Grab Bag w/Ranch/Hummus	Baked Ziti V w/ Garlic Toast <u>Sides:</u> Gotta Get Em Green Beans Veggie Grab Bag w/Ranch/Hummus	Pepperoni & Cheese Wrap <u>Sides:</u> Steamed Broccoli Veggie Grab Bag w/Ranch/Hummus	Chicken Nuggets w/ Cheesy Broccoli Rice <u>Sides:</u> Rainbow Veggie Medley Veggie Grab Bag w/Ranch/Hummus	Cheese Pizza By The Slice V <u>Sides:</u> Garden Salad Veggie Grab Bag w/Ranch/Hummus
Monday-May 8	Tuesday-May 9	Wednesday-May 10	Thursday-May 11	Friday-May 12
Buffalo Chicken on A Kaiser Roll <u>Sides:</u> Seasoned Fries Veggie Grab Bag w/Ranch/Hummus	Nachos Grande GF w/ Corn Chips & Toppings <u>Sides:</u> Sweet Corn/Refried Beans Veggie Grab Bag w/Ranch/Hummus	French Toast w/ Sausage Patty <u>Sides:</u> Tator Tots Veggie Grab Bag w/Ranch/Hummus	Popcorn Chicken w/ a Biscuit <u>Sides:</u> Rainbow Veggie Medley Veggie Grab Bag w/Ranch/Hummus	Cheese Pizza By The Slice V <u>Sides:</u> Caesar Salad Veggie Grab Bag w/Ranch/Hummus
Nat'l Choc Chip Cookie Day!	Tuesday-May 16	Wednesday-May 17	Thursday-May 18	Friday-May 19
Cheeseburger Sub On a Torpedo Roll <u>Sides:</u> Spinach-Chocolate Chip Cookie Veggie Grab Bag w/Ranch/Hummus	Chicken Quesadillas <u>Sides:</u> Seasoned Corn Veggie Grab Bag w/Ranch/Hummus	Cheese Dogs On a Bun <u>Sides:</u> French Fries/Baked Beans Veggie Grab Bag w/Ranch/Hummus	Chicken Parmesan w/ Pasta <u>Sides:</u> Side Salad Veggie Grab Bag w/Ranch/Hummus	Cheese Pizza By The Slice V <u>Sides:</u> Garden Salad Veggie Grab Bag w/Ranch/Hummus
Nat'l Vanilla Pudding Day!	Tuesday-May 23	Wednesday-May 24	Thursday-May 25	Friday-May 26
Philly Cheese Steak w/Peppers & Onions <u>Sides:</u> French Fries-Vanilla Pudding Veggie Grab Bag w/Ranch/Hummus	Soft Shell Tacos On a Flour Tortilla <u>Sides:</u> Sweet Corn/Refried Beans Veggie Grab Bag w/Ranch/Hummus	Turkey Bacon, Egg, & Cheese Pancake Sandwich <u>Sides:</u> Tator Tots Veggie Grab Bag w/Ranch/Hummus	Roasted Chicken w/ Gravy & Mini Biscuit <u>Sides:</u> Mashed Potatoes Veggie Grab Bag w/Ranch/Hummus	Cheese Pizza By the Slice V <u>Sides:</u> Caesar Salad Veggie Grab Bag w/Ranch/Hummus
Monday-May 29	I LOVE the USA!	Wednesday-May 31	<div style="border: 2px solid blue; padding: 5px;"> <p>Lunch Prices: Regular Lunch \$2.35 ~ Extra Entrée: \$1.75 ~ Reduced: \$0.40 ~ Adult: \$3.75 ~ Milk: \$0.50 *Menu subject to change Food Service Director: Jenn Dina email: PIN@nsfm.com Phone: 856-210-0200 x4012</p> </div>	
Memorial Day- No School "My fellow Americans, ask not what your country can do for you- ask what you can do for your country!" -John F. Kennedy	All American Burger w/ 3 Cheeses on a Bun <u>Sides:</u> Baked Beans-Patriotic Parfait Veggie Grab Bag w/Ranch/Hummus	Roma's Cheese Pizza Description <u>Sides:</u> Garden Salad Veggie Grab Bag w/Ranch/Hummus		

This institution is an equal opportunity provider.

Milk: Skim White Skim Chocolate Skim Strawberry 1% White Lactaid