



**May**  
**Overbrook H.S.**  
 Pine Hill  
 School District

Click here to view your lunch account:



= Gluten-Free Ingredients



= Vegetarian Ingredients



Let's Go  
 Rams!

**Veggie Grab Bag:**  
**Daily Raw Veggie**  
**Choices**

Carrots, Cucumbers,  
 Toasty Bean Bites,  
 Broccoli, Mixed  
 Patch

**Choose 1 Entrée.**  
 You May Take 2 Fruit & 2 Veggie Choices!



Fresh/Cupped/Juice  
**PICK 2 FRUITS**



Cooked/Raw Veggie Patch  
**PICK 2 VEGGIES**

**THINK BALANCE!**

A Balanced Tray ... **Grain** ~ **Protein** ~ **Fruit** ~ **Vegetable** ~ **Milk**



Monday-May 1	Tuesday-May 2	Wednesday-May 3	Thursday-May 4	Friday-May 5
<b>Chicken Fajitas</b> w/Peppers & Onions <u>Sides:</u> Steamed Carrots <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Baked Ziti</b> (V) w/ Garlic Toast <u>Sides:</u> Gotta Get Em Green Beans <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Pepperoni &amp; Cheese Wrap</b> <u>Sides:</u> Steamed Broccoli <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Chicken Nuggets</b> w/ Cheesy Broccoli Rice <u>Sides:</u> Rainbow Veggie Medley <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Cheese Pizza</b> By The Slice (V) <u>Sides:</u> Garden Salad <b>Veggie Grab Bag w/Ranch/Hummus</b>
Monday-May 8	Tuesday-May 9	Wednesday-May 10	Thursday-May 11	Friday-May 12
<b>Buffalo Chicken on</b> A Kaiser Roll <u>Sides:</u> Seasoned Fries <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Nachos Grande</b> (GF) w/ Corn Chips & Toppings <u>Sides:</u> Sweet Corn/Refried Beans <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>French Toast w/ Sausage Patty</b> <u>Sides:</u> Tator Tots <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Popcorn Chicken</b> w/ a Biscuit <u>Sides:</u> Rainbow Veggie Medley <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Cheese Pizza</b> By The Slice (V) <u>Sides:</u> Caesar Salad <b>Veggie Grab Bag w/Ranch/Hummus</b>
Nat'l Choc Chip Cookie Day!	Tuesday-May 16	Wednesday-May 17	Thursday-May 18	Friday-May 19
<b>Cheeseburger Sub</b> On a Torpedo Roll <u>Sides:</u> Spinach-Chocolate Chip Cookie <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Chicken Quesadillas</b> <u>Sides:</u> Seasoned Corn <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Cheese Dogs</b> On a Bun <u>Sides:</u> French Fries/Baked Beans <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Chicken Parmesan</b> w/ Pasta <u>Sides:</u> Side Salad <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Cheese Pizza</b> By The Slice (V) <u>Sides:</u> Garden Salad <b>Veggie Grab Bag w/Ranch/Hummus</b>
Nat'l Vanilla Pudding Day!	Tuesday-May 23	Wednesday-May 24	Thursday-May 25	Friday-May 26
<b>Philly Cheese Steak</b> w/Peppers & Onions <u>Sides:</u> French Fries-Vanilla Pudding <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Soft Shell Tacos</b> On a Flour Tortilla <u>Sides:</u> Sweet Corn/Refried Beans <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Turkey Bacon, Egg, &amp; Cheese Pancake Sandwich</b> <u>Sides:</u> Tator Tots <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Roasted Chicken</b> w/ Gravy & Mini Biscuit <u>Sides:</u> Mashed Potatoes <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Early Dismissal</b> (V) <b>No Lunch Served</b>
Monday-May 29	I LOVE the USA!	Wednesday-May 31	<div style="border: 2px solid blue; padding: 5px;"> <p><b>Lunch Prices: Regular Lunch \$2.65 ~</b>  <b>Extra Entrée: \$2.05 ~ Reduced: \$0.40 ~</b>  <b>Adult: \$3.75 ~ Milk: \$0.50</b> *Menu subject to change            Food Service Director: Jenn Dina email: PIN@nsfm.com            Phone: 856-210-0200 x4012</p> </div>	
<b>Memorial Day- No School</b> "My fellow Americans, ask not what your country can do for you- ask what you can do for your country!" <b>-John F. Kennedy</b>	<b>All American Burger</b> w/ 3 Cheeses on a Bun <u>Sides:</u> Baked Beans-Patriotic Parfait <b>Veggie Grab Bag w/Ranch/Hummus</b>	<b>Roma's Cheese Pizza</b> Description <u>Sides:</u> Garden Salad <b>Veggie Grab Bag w/Ranch/Hummus</b>		

This institution is an equal opportunity provider.

Milk: **Skim White** Skim Chocolate **Skim Strawberry** 1% White Lactaid