



September

MS Lunch Menu

Pine Hill School District



V = Vegetarian Ingredients **GF** = Gluten-Free Ingredients

Daily Fruit Offerings:
Fresh, Cupped, 100% Juice
All Salads Come With a Grain.

Click here to view your lunch account:
www.myschoolbucks.com



Veggie Grab Bag:
Daily Raw Veggie Choices
 Carrots, Peppers,
 Toasty Bean Bites,
 Broccoli, Mixed Bag



Choose 1 Entrée
 Includes 2 Fruit & 2 Veggie Choices!

Fresh/Cupped/Juice **+** Cooked/Raw Veggie Patch
PICK 2 FRUITS **PICK 2 VEGGIES**

THINK BALANCE!
 A Balanced Tray Includes...
 Grain ~ Protein ~ Fruit ~ Vegetable ~ Milk

Lunch Prices: Regular Lunch \$2.45 ~
Extra Entrée: \$1.75 ~ Reduced: \$0.40 ~
Adult: \$3.85 ~ Milk: \$0.50
 Food Service Director: Jenn Dina
 PIN@nsfm.com Phone: 856-210-0200 ext 4012 *Menu subject to change

Sept 13: Celiac Awareness Day— Made with ground meat & served with corn chips.
Sept 14: Wacky Watermelon Day— a watermelon pop will be served as a treat!
Sept 22: First Day of Fall— harvest pudding

Monday-Sept 4			Tuesday-Sept 5		Wednesday-Sept 6		Thursday-Sept 7		Friday- Sept 1	
Happy Labor Day! Fun Fact.... In the past, Labor Day used to be the last fashionable day to wear white!			Teacher In-Service No School		Teacher In-Service No School		Early Dismissal		French Bread Pizza By The Slice V <u>Sides:</u> Caesar Salad Veggie Grab Bag w/Ranch/Hummus	
Monday-Sept 11 Grown-Up Grilled Cheese w/ 3 Cheeses & Turkey Bacon <u>Sides:</u> Green Beans Veggie Grab Bag w/Ranch/Hummus			Tuesday-Sept 12 Meatball Parmesan On a Torpedo <u>Sides:</u> Garlic & Parmesan Fries Veggie Grab Bag w/Ranch/Hummus		Celiac Awareness Day! Nachos Grande GF w/ Corn Chips & Toppings <u>Sides:</u> Seasoned Corn Veggie Grab Bag w/Ranch/Hummus		Wacky Watermelon Day! BBQ Baked Chicken w/ a Corn Muffin <u>Sides:</u> Baked Beans— Watermelon Pop Veggie Grab Bag w/Ranch/Hummus		Friday- Sept 15 Big Daddy's Pizza By The Slice V <u>Sides:</u> Mixed Greens Salad Veggie Grab Bag w/Ranch/Hummus	
Monday-Sept 18 Bloomin Onion Burger w/ an Onion Ring on a Bun <u>Sides:</u> Swirly Curly Fries Veggie Grab Bag w/Ranch/Hummus			Tuesday-Sept 19 Asian Chicken & Broccoli Over Rice <u>Sides:</u> Oriental Veg Medley-Fortune Cookie Veggie Grab Bag w/Ranch/Hummus		Wednesday-Sept 20 Cheeseburger Sub On Torpedo Roll <u>Sides:</u> Vegetarian Bean Veggie Grab Bag w/Ranch/Hummus		Thursday-Sept 21 Bacon Chicken Melt w/ Turkey Bacon & Cheese <u>Sides:</u> Tomato & Cucumber Salad Veggie Grab Bag w/Ranch/Hummus		First Day of Fall! French Bread Pizza By The Slice V <u>Sides:</u> Caesar Salad-Harvest Pudding Veggie Grab Bag w/Ranch/Hummus	
Monday-Sept 25 Cheese Steak Sandwich V On Torpedo Roll <u>Sides:</u> French Fries Veggie Grab Bag w/Ranch/Hummus			Tuesday-Sept 26 Taco Twins GF w/ Corn Shells & Toppings <u>Sides:</u> Succotash Veggie Grab Bag w/Ranch/Hummus		Wednesday-Sept 27 Chicken Fajitas On a Flour Tortilla <u>Sides:</u> Seasoned Corn Veggie Grab Bag w/Ranch/Hummus		Thursday-Sept 28 Buffalo Chicken Sandwich On a Kaiser Roll <u>Sides:</u> Side Salad Veggie Grab Bag w/Ranch/Hummus		Friday- Sept 29 Roma's Pizza By The Slice V <u>Sides:</u> Mixed Greens Salad Veggie Grab Bag w/Ranch/Hummus	

This institution is an equal opportunity provider.

Milk: Skim White, Chocolate, Strawberry, 1% White, Lactaid