



Rise & Shine With Nutri-Serve!

H.S. BREAKFAST MENU

**September
Breakfast Menu**
Pine Hill
School District

Breakfast Includes: Milk & Fruit

We use the healthier whole grain versions of your breakfast favorites!

Daily Alternates:

- Cereal & Crackers
- Crunch Mania
- Berry Yogurt Parfait & Crackers

Did you know?!?!

Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!

Breakfast Prices: *Menu subject to change

Regular Breakfast: \$1.15 Reduced: \$0.30 ~ Milk: \$0.50

Food Service Director: Jenn Dina ~ PIN@nsfm.com ~ Phone: 856-210-0200 ext 4012

If you receive free or reduced lunch you are eligible for free and reduced breakfast!

Milk Choices: Skim White, Chocolate, Strawberry, 1% White, Lactaid

Breakfast Prices: *Menu subject to change				Friday-Sept 1
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Monday-Sept 4	Tuesday-Sept 5	Wednesday-Sept 6	Thursday-Sept 7	Friday-Sept 8
Happy Labor Day! NO SCHOOL	Teacher In-Service No School	Teacher In-Service No School	1st Day of School Early Dismissal No Breakfast Served	Chocolate Chip Muffin Sides: Fruit: Fresh/Cupped/Juice Milk Choice
Monday-Sept 11	Tuesday-Sept 12	Wednesday-Sept 13	Thursday-Sept 14	Friday-Sept 15
Cinnamon Roll Cinnamon Swirl Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Mini Pancakes w/ Syrup Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Bacon, Egg & Cheese On an English Muffin Sides: Fruit: Fresh/Cupped/Juice Milk Choice	French Toast w/ Syrup Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Apple Bites Apple Cinnamon Sides: Fruit: Fresh/Cupped/Juice Milk Choice
Monday-Sept 18	Tuesday-Sept 19	Wednesday-Sept 20	Thursday-Sept 21	Friday-Sept 22
Cinnamon Roll Cinnamon Swirl Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Mini Pancakes w/ Syrup Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Ham & Cheese On a Biscuit Sides: Fruit: Fresh/Cupped/Juice Milk Choice	French Toast w/ Syrup Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Chocolate Chip Muffin Sides: Fruit: Fresh/Cupped/Juice Milk Choice
Monday-Sept 25	Tuesday-Sept 26	Wednesday-Sept 27	Thursday-Sept 28	Friday-Sept 29
Cinnamon Roll Cinnamon Swirl Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Mini Pancakes w/ Syrup Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Bacon, Egg & Cheese On an English Muffin Sides: Fruit: Fresh/Cupped/Juice Milk Choice	French Toast w/ Syrup Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Apple Bites Apple Cinnamon Sides: Fruit: Fresh/Cupped/Juice Milk Choice

New Items!



Apple Bites



Choc. Chip Muffin



Crunch Mania



Cinnamon Roll

Breakfast Bites ~ Sold Separately

Fresh Fruit \$ 0.50 Fruit Juice \$ 0.50 Cupped Fruit \$ 0.50



This institution is an equal opportunity provider.